



Field and Kitchen Workshops

Table Top Tour of Regional Wine and Cheese

Cost: \$50 per person 4-6:30

Explore local and New York region wine and cheese by discovering their history, production and best of all their taste. Pâté, chutney and fruit served to accompany wine and cheese.

Meet the Meat Pie – Making Meat Pies the Old Fashioned Way

Cost: \$50 per person – 2 pm - 5 pm

The old fashioned meat pie is making a comeback in healthy, budget conscious family kitchens. Learn to make and bring home three different meat pies with three different savory crusts. Recipes included.

Cooking with the “Budget Cuts” of Meat

Cost: \$50 per person 2 pm - 5 pm

Using Stone & Thistle Farm’s grass fed meats, you learn how to cook the lesser or budget cuts of meat using Dutch ovens, crock pots and other slow cooking methods. Tastings of pork, beef, lamb, goat and chicken. Recipes included.

Sausage Making

Cost: \$60 per person 2 pm – 5 pm

Learn the authentic style of sausage making with Stone & Thistle Farm’s grass fed meats. You make and bring home pork, beef and lamb sausage. Sausage tastings included.

Cooking with Preserved Foods – You put it up – Let’s Put Together a Meal!

Cost: \$50 per person 11 am – 2 pm

Canning has made a comeback. Your cupboards are overflowing with canned tomatoes, beans, beans, cauliflower, apples, pears, jams and jellies. Bring them to Fable and together we will learn to create a gourmet lunch using the bounty from our canning cupboards.

“Make Cheese” with Goat’s and Cow’s Milk

Cost: \$150 person 10 am – 3 pm

A local cheese maker will lead you in an intensive hands-on workshop of making goat and cow cheese from the farm’s milk. You create and bring home two different cheeses. Cheese tastings and farm lunch included.

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Poultry and/or Rabbit Butchering

Cost: \$50 person 9 am – Noon

Broiler chickens are raised from day-old chicks that arrive via post to eight-week old chickens or broilers grown on pasture. See the different phases of raising chickens from critter proof chick pens to free range on pasture. The experience includes intensive hands-on learning about raising chickens on pasture, slaughtering chickens en plein air and preparing and a whole chicken for roasting or the crock pot or breaking down the chicken for sautéing, grilling or baking. Rabbits are caged raised during kindling and transferred to pasture cages at weaning. Observe the rabbitry and pastured rabbit cages or rabbit fleet. Learn how to raise rabbits on pasture. The experience teaches you how to raise, slaughter and prepare rabbits for stewing, braising, sautéing and grilling.

Field and Kitchen Boot Camp

Cost: \$250 per person includes overnight accommodations

\$175 per person without accommodations

2 person minimum/10 person maximum

Working hands-on in the kitchen of Fable at Stone & Thistle Farm and you'll learn to think about buying and cooking organic, local and seasonal foods in a whole new way. You'll understand not only the "how tos" but also some of the "whys" behind cooking farm fresh foods. During the one-day workshop you will tour the farm and learn how our food is raised. You will enjoy a farm fresh lunch which you planned and prepared (including slaughtering and butchering). Overnight accommodations available at the farm's Farmhouse Suite or Farmhand Cabin or at Harmony Hill Retreat, a stone's throw from the farm.

Private workshops. You put together the group and choose your date. Poultry and Rabbit Butchering is available May to November only. Workshops have a 5 person minimum/10 person maximum except Field and Kitchen Boot Camp which has a 2 person minimum/10 person maximum.

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