



Fable at Stone & Thistle Farm On *Bon Appetit, Appalachia!* Map of Region's Growing Local Food Economy *Bon Appetit, Appalachia! Includes Hundreds of Local Farms, Festivals and Food Entrepreneurs In Thirteen Appalachia States*

East Meredith, NY June 20, 2016. Fable at Stone & Thistle Farm is part of *Bon Appetit, Appalachia!* a new map showcasing the wide spectrum and growing density of Appalachia's local food economy. Produced by the [Appalachian Regional Commission](#), *Bon Appetit Appalachia!* lists over 830 locally owned farms, brewers, distillers, restaurants and other food business across Appalachia.

"Appalachia's local food economy is growing as hundreds of local food entrepreneurs are hard at work." Said ARC Federal Co-Chair Earl Gohl. "The farmers, chefs, brewers, bakers and other food entrepreneurs featured on *Bon Appetit, Appalachia!* are only a snapshot of what is happening in the Region. We hope that consumers, travelers, researchers and others will use *Bon Appetit, Appalachia!* to taste, toast, and discover Appalachia's entrepreneurial spirit".

Fable = farm+ table is a unique dining experience on the farm. Saturday night harvest dinners and Sunday buffet brunches feature the best of the farm's meat, produce and dairy. Event dinners and guest chef series are featured this season. Fable is available for private parties and small weddings and rehearsal dinners.

In addition to the over 830 food business listed on the [Bon Appetit, Appalachia!](#) website *Bon Appetit, Appalachia!* has published an abridged printed version of the map, featuring 161 locations. Over 200,000 copies of the printed map are being distributed through thirteen State Tourism Agencies across the Region and as part of a media partnership with [Edible Communities](#). As part of this media partnership, the printed map is available in 13 regional Edible Community magazines in and around Appalachia. Edible Communities has also produced *Backroad Journeys*, a monthly podcast on edibleradio.com profiling *Bon Appetit, Appalachia!* locations to highlight Appalachia's growing local food economy. .

Members of the Appalachian Regional Commission's Tourism Advisory Council helped identify locations for *Bon Appetit Appalachia!* Map and website materials were developed by Destination by Design in Boone, North Carolina which is also launching a companion social media campaign using #bonappalachia.

About the Appalachian Regional Commission

The [Appalachian Regional Commission \(ARC\)](#) (www.arc.gov) is an economic development agency of the federal government and 13 state governments focusing on 420 counties across the Appalachian Region. ARC's mission is to innovate, partner, and invest to build community capacity and strengthen economic growth in Appalachia to help the Region achieve socioeconomic parity with the nation.

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